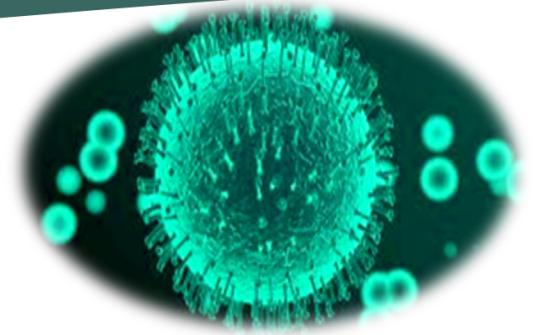


CORONAVIRUS



What is Coronavirus?

Coronaviruses are a large family of viruses found mostly in animals. In humans, they can cause diseases ranging from the common cold to more severe diseases such as Severe Acute Respiratory Syndrome (SARS) and Middle East Respiratory Syndrome (MERS-CoV).

How is it spread?

- ◆ Coughing or sneezing.
- ◆ Close contact, such as touching or shaking of hands.
- ◆ Touching an object or surface with the virus on it, then touching your eyes, mouth, or nose.

Symptoms of Coronavirus:

- ◆ Fever.
- ◆ Cough.
- ◆ Difficulty breathing.

How to protect yourself and others:

- ◆ Wash your hands often with soap and water.
- ◆ Cover your mouth and nose when coughing or sneezing.
- ◆ Avoid touching your face.
- ◆ Employees to wear mask at all transit areas.
- ◆ Boost your immune system by using vitamin C.

Should you experience these symptoms, please seek medical attention immediately.



**STAY HEALTHY
PROTECT YOURSELF**

